



Traditional herbal blend that relieves from the flatulence symptoms. Stimulates digestion, reduces the bacteria that cause putrefaction and improves intestinal mobility. This natural innovative remedy also relieves pain caused by

gas that is trapped in the folds of the colon.

**Preparation:** For each cup of herbal tea, use 1/2 teaspoon of herbal blend in a percolator or if you prefer the traditional way add 1/2 teaspoon of herbal blend in a cup of hot water, cover for 5 minutes and then drain. You can add brown sugar, honey or lemon.

**Dosage:** Recommended 1-3 cups per day.

**Ingredients:** Cardamom (watercress), Fennel, Anise, Rosemary, Louisa.

**If you are in medication treatment, consult your doctor. Not to be taken by people allergic to the ingredients of the product.**



Net weight 30gr.| About 50 cups

**Tips for iced herbal tea blend:**

**In a percolator:** In 1 liter of water, use 2 teaspoons of herbal blend mixture wait 10 minutes and your herbal tea is ready! Refrigerate in a glass bottle and consume it within 48 hours. When

serving you can add thin slices of lemon or orange and ice cubes to make it more refreshing on hot summer days!

**Traditional way:** In 1 liter of hot water add 2 teaspoons of herbal blend of your choice, stir in water and cover for about 10 minutes. Then drain and put herbal tea in a glass bottle in the fridge. Consume within 48 hours. When serving you can add thin slices of lemon or orange and ice cubes to make it more refreshing on hot summer days!

